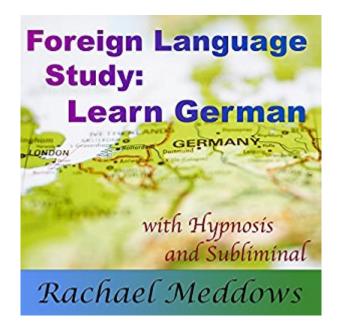


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# Focus To Learn German Faster: Foreign Language Study And Self Help With Hypnosis, Meditation, Relaxation, And Affirmations (The Sleep Learning System)





## Synopsis

\*\*Now includes "Deep Sleep" as a Bonus Track!Now you can improve your focus and dedication to learning German, and make learning the German language faster and easier. Open your mind and develop better study habits with this guided meditation and relaxation program, from certified hypnotherapist, Joel Thielke. Sleep learning takes place when your mind is at rest and the subconscious is open to positive suggestions. It's an easy way of both learning and breaking bad habits while you sleep through the night. Learn German easier today with The Sleep Learning System!

# **Book Information**

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Program Type: Audiobook

Version: Original recording

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